

**SingHealth Duke-NUS Maternal and Child Health Research Institute (MCHRI) Presents
ASIA PACIFIC MATERNAL AND CHILD HEALTH CONFERENCE & INTEGRATED
PLATFORM FOR RESEARCH IN ADVANCING MATERNAL & CHILD HEALTH
OUTCOMES (IPRAMHO) INTERNATIONAL MEETING 2025**

Optimising Sexual Health for the Population

28 March 2025, 9.00am to 5.00pm & 29 March 2025, 9.00am to 2.00pm

Free Admission • KKH Auditorium (Training Centre), Women's Tower, Level 1
(Day 1) & Zoom (Day 2)

SCIENTIFIC PROGRAMME

Day 1 – 28 March 2025 (Friday), 9.00am to 5.00pm

KKH Auditorium (Training Centre), Women's Tower, Level 1

8.30am	Registration (Coffee and tea will be served at 8.30am)
9.00am	Welcome Address Professor Tan Kok Hian <i>Lead, IPRAMHO</i> <i>Organising Chairperson, Asia Pacific Maternal and Child Health Conference & IPRAMHO International Meeting 2025</i>
9.05am	SYMPOSIUM I - Multi-disciplinary Approach in Sexual Health <i>Chairs:</i> Associate Professor Tan Lay Kok <i>Head and Senior Consultant, Department of Maternal Fetal Medicine, KK Women's and Children's Hospital, Singapore</i> Dr Jean-Jasmin Lee Mi-Li <i>Consultant, Family Medicine Service</i> <i>KK Women's and Children's Hospital, Singapore</i> Presentations: <ol style="list-style-type: none"> Sexual Health in Women and Sexual Health Clinic (SHC) Dr Tan Tse Yeun <i>Senior Consultant, Department of Reproductive Medicine, KK Women's and Children's Hospital, Singapore</i> Treatment of Sexual Pain Ms Eng Feng Cai June <i>Principal Physiotherapist, Physiotherapy Department, KK Women's and Children's Hospital, Singapore</i>

	<p>3. The Role of Psychologists in Supporting Women with Sexual Health Concerns Ms Cheong Xinyi <i>Principal Psychologist, Psychology Service, KK Women's and Children's Hospital, Singapore</i></p> <p>4. Male Sexual Dysfunction Dr Ronny Tan <i>Consultant Andrologist & Prosthetic Urologist, Advanced Urology Associates Pte Ltd, Singapore</i></p>
10.10am	<p>Tea Break Scientific Posters Exhibition at Lecture Theatre</p>
10.30am	<p>SYMPOSIUM II – Interprofessional Session in Sexual Health <i>Chairs:</i> Associate Professor Lim Geok Hoon <i>Head and Senior Consultant, KK Breast Department, KK Women's and Children's Hospital, Singapore</i></p> <p>Dr Wang Junjie <i>Head and Senior Consultant, Department of Gynaecological Oncology, KK Women's and Children's Hospital, Singapore</i></p> <p><i>Presentations:</i></p> <p>1. Importance of Relationship Counselling in Female Sexual Functioning in Women of Reproductive Age Ms Phyllis Wong <i>Couple & Family Therapist Singapore Counselling Centre</i></p> <p>2. Management of Antenatal Women with Genito-Pelvic Pain/Penetration Disorder (GPPPD) Ms Samantha Chia <i>Nurse Clinician, Division of Nursing KK Women's and Children's Hospital, Singapore</i></p> <p>3. From Silence to Support: Navigating Sexual Health Inequities in Gynecology Oncology Ms Julia Eng <i>Director, Nursing Division, National Cancer Centre Singapore, Singapore</i></p> <p>4. Sexual Health After Breast Cancer Treatment Dr Tan Qing Ting <i>Senior Consultant, KK Breast Department, KK Women's and Children's Hospital, Singapore</i></p> <p>5. Sexual Rehabilitation for Individuals with Acquired Physical Disabilities Ms Shirlene Toh</p>

	<p><i>Senior Principal Occupational Therapist, Tan Tock Seng Hospital, Singapore</i></p>
12.00pm	<p>Launch of the Singapore Guidelines on Sexual Health for Women of Reproductive Age</p> <p>Welcome Speech Professor Alex Sia <i>Chief Executive Officer, KK Women's and Children's Hospital, Singapore</i></p> <p>Opening Address by Guest of Honour Ms Rahayu Mahzam Minister of State Ministry of Health and Ministry of Communications and Information</p> <p>College Of O&G Singapore Initiatives For Women's Health Associate Professor Tan Lay Kok <i>President, College of Obstetricians and Gynaecologists Singapore (COGS)</i></p> <p>IPRAMHO Initiatives for Maternal, Women & Child Health Professor Tan Kok Hian <i>Lead, IPRAMHO</i> <i>Organising Chairperson, Asia Pacific Maternal and Child Health Conference & IPRAMHO International Meeting 2025</i></p> <p>Singapore Guidelines on Sexual Health for Women of Reproductive Age Dr Tan Tse Yeun and Dr Jean-Jasmin Lee Mi-Li <i>Co-chairpersons, Singapore Guidelines on Sexual Health for Women of Reproductive Age Workgroup</i></p> <p>Official Launch of the Singapore Guidelines on Sexual Health for Women of Reproductive Age</p>
1.00pm	<p>Lunch</p> <p>Oral Scientific Posters Presentation at Lecture Theatre</p>
1.30pm	<p>SYMPOSIUM III - Sexual Health and Fertility</p> <p><i>Chairs:</i> Associate Professor Sadhana Nadarajah <i>Head and Senior Consultant, Department of Reproductive Medicine, KK Women's and Children's Hospital, Singapore</i></p> <p>Dr Liu Shuling <i>Senior Consultant, Department of Reproductive Medicine, KK Women's and Children's Hospital, Singapore</i></p> <p>Presentations:</p> <p>1. Managing Female Sexual Dysfunction and Subfertility Dr Michelle Loh <i>Consultant, Department of Reproductive Medicine, KK Women's and Children's Hospital, Singapore</i></p>

	<p>2. Overview of Male Infertility Dr Chua Ka Hee <i>Consultant, Fertility Specialist</i> <i>Alpha IVF Centre, Singapore</i></p> <p>3. Managing Obesity for Optimal Reproductive and Sexual Health in Women Associate Professor Rukshini Puvanendran <i>Head and Senior Consultant, Family Medicine Service,</i> <i>KK Women's and Children's Hospital, Singapore</i></p>
2.20pm	<p>SYMPOSIUM IV – IPRAMHO Education Session: Training Programme for Doctors and Residents on Sexual Health <i>Chairs:</i> Associate Professor Suzanna Sulaiman <i>Head and Senior Consultant, Department of Obstetrics & Gynaecology,</i> <i>KK Women's and Children's Hospital, Singapore</i></p> <p>Associate Professor Manisha Mathur <i>Deputy Head and Senior Consultant, Department of Obstetrics & Gynaecology,</i> <i>KK Women's and Children's Hospital</i></p> <p><i>Presentations:</i></p> <p>1. Addressing Sexual Concerns in Women of Reproductive Age Dr Jean-Jasmin Lee Mi-Li <i>Consultant, Family Medicine Service,</i> <i>KK Women's and Children's Hospital, Singapore</i></p> <p>2. Neonatal Problems of Mothers with Sexual Health Issues Professor Victor Samuel Rajadurai <i>Senior Consultant, Department of Neonatology,</i> <i>KK Women's and Children's Hospital, Singapore</i></p> <p>3. Endocrine Aspects of Female Sexual Dysfunction Dr Thomas King <i>Senior Consultant, Endocrinology,</i> <i>Changi General Hospital, Singapore</i></p> <p>4. Chronic Diseases and Sexual Health Associate Professor Ang Seng Bin <i>Senior Consultant, Family Medicine Service,</i> <i>KK Women's and Children's Hospital, Singapore</i></p> <p>5. Psychiatric Disorders and Sexual Problems Dr Leonora Chiam <i>Associate Consultant, Department of Psychological Medicine,</i> <i>KK Women's and Children's Hospital, Singapore</i></p>
3.40pm	Tea Break

3.55pm	<p>Presentations:</p> <p>6. Trauma and Sexual Dysfunction Ms Phyllis Phua <i>Senior Psychologist, Psychosocial Trauma Support Service, KK Women's and Children's Hospital, Singapore</i></p> <p>7. Endometriosis and Dyspareunia: Understanding the Impact and Navigating Solutions Dr Michelle Lim <i>Consultant Obstetrician and Gynaecologist, Nobel Obstetrics, Gynaecology and Minimally Invasive Surgery Centre, Singapore</i></p> <p>8. Post-partum Intimacy – An Asian Perspective Dr Huang Zhongwei <i>Consultant, Department of Obstetrics and Gynaecology, National University Hospital, Singapore</i></p> <p>9. Urogynaecology for Sexual Health Dr Jill Lee <i>Consultant, Department of Urogynaecology, KK Women's and Children's Hospital, Singapore</i></p>
4.55pm	<p>Closing Remarks Associate Professor Suzanna Sulaiman <i>Deputy Chairman, Division of O&G, KK Women's and Children's Hospital, Singapore</i></p>
5.00pm	<p>- End of Programme Day 1 –</p>

Day 2 – 29 March 2025 (Saturday), 9.00am to 2.00pm

The meeting will be conducted via Zoom.

Supported by Perinatal Society Singapore & Federation of Asia and Oceania Perinatal Societies (FAOPS)

9.00am	<p>SYMPOSIUM V - Sexual Health Studies and Consensus Management in Asia Pacific Countries</p> <p>Update on IPRAMHO Asia Pacific Collaborative Group 2025 – Collaborative Efforts in Promoting Asia Pacific Maternal, Women & Child Health</p> <p>Professor Tan Kok Hian <i>Lead, IPRAMHO</i> <i>Integrated Platform for Research in Advancing Maternal & Child Health Outcomes (IPRAMHO) Asia Pacific Maternal & Child Health Network</i></p> <p>Sexual Health in Women of Reproductive Age: Insights from surveys of Healthcare Professionals and Women</p> <p>Dr Elaine Quah <i>Senior Research Fellow, Division of Obstetrics & Gynaecology, KK Women's and Children's Hospital, Singapore</i></p>
9.30am	<p>Asia Pacific Consensus Workshop on Guidelines on Sexual Health for Women of Reproductive Age</p> <p><i>Chairs:</i> Professor Tan Kok Hian <i>Lead, IPRAMHO</i> <i>Head and Senior Consultant, Perinatal Audit & Epidemiology Unit, KK Women's and Children's Hospital, Singapore</i></p> <p>Dr Tan Tse Yeun <i>Co-Chairperson, Singapore Guidelines on Sexual Health for Women of Reproductive Age Workgroup</i></p> <p>Dr Jean-Jasmin Lee Mi-Li <i>Co-Chairperson, Singapore Guidelines on Sexual Health for Women of Reproductive Age Workgroup</i></p> <p>Asia Pacific Sexual Health for Women of Reproductive Age Collaborative Study Group: Singapore members; Dr Shivadev M, India; Dr Padmini Prasad, India; Professor Milind Shah, India; Dr Premitha Damodaran, Malaysia; Ms Neng Shahidah Sabullah, Malaysia; Associate Professor Dr Rosediani Muhamad, Malaysia; Ms Kay Lam, Brunei; Ms Lai Yu-Fen Betty, Taiwan; Ms Maureen Aleste, Philippines;</p>

	<p>Dr Diosdado V. Mariano, Philippines; Assistant Professor Panicha Chantrapanichkul, Thailand; Associate Professor Dittakarn Boriboonhirunsarn, Thailand; Professor Tiran Dias, Sri Lanka; Professor Laila Arjumand Banu, Bangladesh; Professor Sanjoy Kumer Dey, Bangladesh; Professor Dingyun You, China; Associate Professor Annastasia Ediat, Indonesia.</p>
10.30am	<p>Sexual Health Studies and its Management in Asia Pacific Countries Presentations by various Asia Pacific Partners</p> <p>1. Navigating Women’s Sexual Health: Holistic View – Mental Health, Society & More Dr Shivadev M <i>Medical Director and Chief Consultant, PassionFruit: Top-Notch Wellness, Koramangala, Bangalore, India</i></p> <p>2. “Where is My Orgasm”? Myths and Reality Dr Padmini Prasad <i>Medical Director and Gynaecologist & Obstetrician & Sexual Health Consultant, Ramamani Nursing Home & Institute of Sexual medicine, India</i></p> <p>3. Rekindling Postpartum Passion Dr Premitha Damodaran <i>Consultant Obstetrician and Gynaecologist, Pantai Hospital Kuala Lumpur, Malaysia</i></p> <p>4. Female Sexual Dysfunction: The Malaysian Scenario Associate Professor Dr Rosediani Muhamad <i>Family Medicine Specialist, School of Medical Sciences, Universiti Sains Malaysia, Malaysia</i></p> <p>5. Addressing Teenage Pregnancy Trends and Postpartum Sexual Health Challenges in Brunei Darussalam Ms Kay Lam <i>Senior Physiotherapist, Core Physiotherapy Clinic Brunei</i></p> <p>6. The Taiwan Experience of Comprehensive Physical Therapy for Pelvic Floor Dysfunction and Female Sexual Health Ms Lai Yu-Fen Betty <i>Physical Therapist, Comprehensive Pelvic Floor Health Care Center, Chung Shan Medical University Hospital, Taichung, Taiwan</i></p> <p>7. Prevalence of Sexual Health Dysfunction among Filipino with Cancer Ms Maureen Aleste <i>Physiotherapist, Prairie Mountain Health, Manitoba, Canada</i></p>

	<p>8. Reproductive Health Education in the Philippines Dr Diosdado V. Mariano <i>Assistant Medical Director, Gat Andres Bonifacio Medical Center, Philippines</i></p> <p>9. Advancing Inclusive Sexual Health: Tailored Care for Lesbian, Gay, Bisexual, Transgender and Queer or Questioning (LGBTQ+) Communities in Thailand Assistant Professor Panicha Chantrapanichkul, <i>Gynecologic Endocrinology Unit, Department of Obstetrics and Gynecology, Faculty of Medicine Siriraj Hospital, Mahidol University, Thailand</i></p> <p>10. Sexual Health in Sri Lanka: Challenges and Progress Professor Tiran Dias <i>Professor of Obstetrics and Gynaecology, Department of Obstetrics and Gynaecology, Faculty of Medicine, University of Kelaniya, Sri Lanka</i></p> <p>11. Construction of a Large Database for Pregnancy Cohorts Professor Dingyun You <i>Kunming Medical University, China</i></p> <p>12. Addressing Sexual Dysfunction in Women – A Physiotherapist’s Role Ms Neng Shahidah Sabullah <i>Pelvic Health Physiotherapist Prince Court Medical Centre, Kuala Lumpur, Malaysia</i></p> <p>13. Frequency and Clinical Characteristics of Congenital Cytomegalovirus infection among low birth weight Newborn in a Tertiary Care Hospital Professor Sanjoy Kumer Dey <i>Pediatrics & Neonatology Specialist, Department of Neonatology, Bangabandhu Sheikh Mujib Medical University, Bangladesh</i></p> <p>14. The Role of Psychologists in Supporting Sexual Health of Persons with Differences of Sex Development: Indonesia Experience Associate Professor Annastasia Ediat <i>Psychologist, Faculty of Psychology Diponegoro University, Indonesia</i></p>
1.30pm	Collaborative Studies in Asia Pacific for IPRAMHO Group – IPRAMHO Asia Pacific Collaborative Study on Sexual Health in Women of Reproductive Age 2025
1.55pm	<p>Closing Remarks Professor Tan Kok Hian <i>Lead, IPRAMHO Organising Chairperson, Asia Pacific Maternal and Child Health Conference & IPRAMHO International Meeting 2025</i></p>
2.00pm	- End of Programme Day 2 -