



MCHRI presents

INTEGRATED PLATFORM FOR RESEARCH IN ADVANCING METABOLIC HEALTH OUTCOMES OF WOMEN AND CHILDREN (IPRAMHO) INTERNATIONAL MEETING 2026

Advancing Menopausal Health Outcomes in Singapore

20 February 2026, 9.00am to 5.00pm

Free Admission • KKH Auditorium (Training Centre), Women's Tower, Level 1
CME & SNB-CPE points will be awarded to SMC and SNB registered doctors and nurses.

INVITED SPEAKERS



Associate Professor Rukshini Puvanendran
Co-director KK Menopause Centre,
Head and Senior Consultant,
Family Medicine Service,
KK Women's and Children's Hospital,
Singapore



Associate Professor Sadhana Nadarajah
Co-director KK Menopause Centre,
Head and Senior Consultant,
Department of Reproductive Medicine,
KK Women's and Children's Hospital,
Singapore



Dr Premitha Damodaran
Consultant Obstetrician
and Gynaecologist,
Pantai Hospital Kuala Lumpur, Malaysia



Professor Martha Hickey
Chairman, Department of Obstetrics,
Gynaecology and Newborn Health,
University of Melbourne, Australia



Associate Professor Ang Seng Bin
Senior Consultant,
KK Menopause Centre and
Family Medicine Service,
KK Women's and Children's Hospital,
Singapore



Professor Yong Eu Leong
Head & Emeritus Consultant,
Division of Benign Gynaecology,
Department of Obstetrics & Gynaecology,
National University Hospital, Singapore



Professor Tan Kok Hian
Head and Senior Consultant,
Perinatal Audit & Epidemiology,
KK Women's and Children's Hospital,
Singapore; President, Perinatal Society
of Singapore; Lead PI, IPRAMHO Study
Group



Dr Veronique Celine Viardot-Foucault
Director, Clinical Endocrinology,
Senior Consultant, Department of
Reproductive Medicine,
KK Women's and Children's Hospital,
Singapore



Dr Farah Safdar Husain
Consultant,
Family Medicine Service,
KK Women's and Children's Hospital,
Singapore



Dr Ieera Madan Aggarwal
Senior Consultant,
Department of Gynaecological Oncology,
KK Women's and Children's Hospital,
Singapore

PROGRAMME HIGHLIGHTS

- ✓ Launch of the Guidelines on the Management of the Menopause Transition in Singapore
- ✓ Global, regional and local perspectives in menopausal management
- ✓ Education sessions on menopausal health
- ✓ Scientific poster exhibition



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