

## ASIA PACIFIC MATERNAL AND CHILD HEALTH CONFERENCE & INTEGRATED PLATFORM FOR RESEARCH IN ADVANCING MATERNAL & CHILD HEALTH OUTCOMES (IPRAMHO) INTERNATIONAL MEETING 2024

*International Hybrid Meeting 23 Feb 2024, Fri (Physical) & 24 Feb 2024, Sat (Virtual).*

***Theme: Optimising Perinatal Nutrition for Better Population Health***

### SCIENTIFIC PROGRAMME

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**Day 1 – 23 February 2024 (Friday), 9.00am to 5.00pm**  
KKH Auditorium (Training Centre), Women's Tower, Level 1

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| 8.30am  | <b>Registration</b> (Coffee and tea will be served at 8.15am)   |
| 9.00am  | <b>Welcome Address</b><br>Prof Alex Sia<br><i>Chief Executive Officer, KK Women's and Children's Hospital, Singapore</i>  |
| 9.05am  | <b>Welcome Address on Asia Pacific Collaboration for Maternal &amp; Child Health</b><br>Prof Victor Samuel Rajadurai<br><i>President, Federation of Asia and Oceania Perinatal Societies</i>  |
| 9.10am  | <b>Opening Address by Guest-of-Honour</b><br>Dr Janil Puthuchery<br><i>Senior Minister of State, Ministry of Health and Ministry of Communications and Information</i>  |
| 9.20am  | <b>IPRAMHO Initiatives for Maternal &amp; Child Health</b><br>Prof Tan Kok Hian<br><i>Organising Chairperson, Asia Pacific Maternal &amp; Child Health Conference &amp; IPRAMHO International Meeting 2024</i><br><i>Lead, IPRAMHO, Singapore</i> |
| 9.30am  | <b>College of Paediatrics and Child Health Singapore Initiatives for Child Health</b><br>A/Prof Chua Mei Chien<br><i>President of the College of Paediatrics and Child Health, Singapore</i>  |
| 9.40am  | <b>Singapore Feeding and Eating Guidelines for Infants and Young Children</b><br>A/Prof Chua Mei Chien<br><i>Chairperson, Singapore Feeding and Eating Guidelines for Infants and Young Children Workgroup</i>                                    |
| 10.00am | <b>Launch of the Singapore Feeding and Eating Guidelines for Infants and Young Children</b>   |
| 10.10am | <b>Oral Scientific Posters Presentations</b><br><b>Tea Break</b>  |

- 10.30am **SYMPOSIUM I – VAST - The Principles of Feeding and Eating for Infants and Young Children**  
*Chairs:*  
A/Prof Chua Mei Chien  
*Head and Senior Consultant, Department of Neonatology, KK Women's and Children's Hospital, Singapore*  
Dr Han Wee Meng  
*Principal Dietician, KK Women's and Children's Hospital, Singapore*
- 10.35am **Key components towards forming a healthy eating habits in infants and young children:**  
**Food variety**  
Dr Ong Chengsi  
*Principal Dietician, KK Women's and Children's Hospital, Singapore*
- 10.55am **Key components towards forming a healthy eating habits in infants and young children:**  
**Eating autonomy and setting**  
Dr Daniel Chan  
*Consultant Paediatrician, Endocrinology Service, KK Women's and Children's Hospital, Singapore*
- 11.15am **Key components towards forming a healthy eating habits in infants and young children:**  
**Food timing**  
Dr Loy See Ling  
*Principal Investigator, Department of Reproductive Medicine, KK Women's and Children's Hospital, Singapore*
- 11.35am **Panel Discussion Q&A**
- 12.00pm **Lunch Break & Scientific Poster Exhibition**
- 2.00pm **SYMPOSIUM II – Optimising Periconception and Perinatal Phase for Life Course**  
*Chairs:*  
Prof Tan Kok Hian  
*Head and Senior Consultant, Perinatal Audit & Epidemiology, KK Women's and Children's Hospital, Singapore*  
  
A/Prof Chua Mei Chien  
*Head and Senior Consultant, Department of Neonatology, KK Women's and Children's Hospital, Singapore*
- 2.05pm **Transforming Maternity & Perinatal Care: A Century of Progress and Life Course Perspectives**  
Prof Tan Kok Hian  
*Head and Senior Consultant, Perinatal Audit & Epidemiology, KK Women's and Children's Hospital, Singapore*

- 2.25pm **Life Course Trajectories of Obstetric Medical Diseases**  
A/Prof Tan Lay Kok  
*President of the College of Obstetricians & Gynaecologists Singapore*
- 2.45pm **Life Course Perspectives of Preterm Births**  
Prof Teoh Tiong Ghee  
*Director, Maternal & Child Global Health and Care Transformation, KK Women's and Children's Hospital, Singapore*
- 3.05pm **Tea Break**
- 3.20pm **Life Course Trajectories of Suboptimal Perinatal Mental Health**  
A/Prof Helen Chen  
*Head and Senior Consultant, Department of Psychological Medicine, KK Women's and Children's Hospital, Singapore*
- 3.40pm **Life Course Healthy Start: The HELMS Program in KKH**  
Dr Fabian Yap  
*Senior Consultant, Paediatric Endocrinology, KK Women's and Children's Hospital, Singapore*
- 4.00pm **Panel Discussion Q&A**
- 4.10pm **End of Day 1 Programme**

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**Day 2 – 24 February 2024 (Saturday), 9.00am to 3.00pm**

The meeting will be conducted via Zoom. Support from Perinatal Society Singapore & FAOPS

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- 9.00am **SYMPOSIUM III (VIRTUAL)**  
**Perinatal Nutrition Studies and Consensus Management in Asia Pacific Countries**  
**Update on IPRAMHO Collaborative Group - IPRAMHO Study Group Reports for Asia Pacific**

*Chair:*

Prof Tan Kok Hian

*Lead, IPRAMHO & Head, Perinatal Audit & Epidemiology Unit,  
KK Women's and Children's Hospital, Singapore*

**Singapore caregiver's feeding practices in infants and young children: Findings from the Integrated Variety, Autonomy, Setting and Timing (I-VAST) study**

Dr Elaine Quah

*Senior Research Fellow, Division of Obstetrics and Gynaecology, KK Women's and Children's Hospital, Singapore*

9.30am **Asia Pacific Consensus Workshop on the Feeding and Eating Guidelines for Infants and Young Children**

*Chairs:*

Prof Tan Kok Hian

*Lead, IPRAMHO & Head, Perinatal Audit & Epidemiology Unit,  
KK Women's and Children's Hospital, Singapore*

A/Prof Chua Mei Chien

*Chairperson, Singapore Feeding and Eating Guidelines for Infants and Young Children  
Workgroup*

**All Asia Pacific Perinatal Mental Health Collaborative Study Group including  
Singapore members,**

Professor Cheah Fook Choe, Malaysia

A/Professor Azanna Ahmad Kamar, Malaysia

Professor Ashma Rana, Nepal

A/Professor Jin Soo Moon, Seoul

Dr Rathmony Heng, Cambodia

Dr Nargis Ara Begum, Bangladesh

Professor Sunil Raja Manandhar, Nepal

A/Professor Chiang Ming-Chou, Taiwan

Dr Rinawati Rohsiswatmo, Indonesia

Professor Gerelmaa Zagd, Mongolia

Dr Wai Lin Tun, Myanmar

Dr Ranjan Kumar Pejaver, India

10.30am **Perinatal Nutrition Studies and its Management in Asia Pacific Countries**

Presentations by Group Members and Asia Pacific Partners

**1. Transforming the landscape of neonatal nutritional support in an NICU in Malaysia**

Professor Cheah Fook Choe

*Professor of Paediatrics and Neonatology,*

*Faculty of Medicine, Universiti Kebangsaan Malaysia (UKM), Malaysia*

**2. Navigating The Bridge Towards Full Enteral Nutrition for High-Risk Neonates**

A/Professor Azanna Ahmad Kamar

*Head of Department of Paediatrics, Faculty of Medicine, University Malaya, Malaysia*

**3. Feeding and Weaning Practices in Young Infants and Children in Nepal**

Professor Ashma Rana

*President of Nepal Perinatal Society, Nepal*

**4. Importance of the Exact Measurement of Body Physics in Neonates and Infants**

A/Professor Jin Soo Moon

*Associate Professor of Department of Pediatrics, Seoul National University College of  
Medicine, Seoul, South Korea*

**5. Preterm nutrition in NICU of Calmette hospital: Current practices and its challenges**

Dr Rathmony Heng

*Fellow in Pediatric Cardiology, University of Health Sciences, Cambodia*

**6. Neonatal and infant feeding practice in Bangladesh**

Dr Nargis Ara Begum

*Senior Consultant Neonatology, United Hospital, Dhaka, Bangladesh*

**7. Role of Human Milk Fortifiers (HMF) and Medium Chain Triglycerides (MCT) in preterm babies nutrition**

Professor Sunil Raja Manandhar

*Professor and Head, Neonatal unit*

*Senior Consultant Neonatologist, Kathmandu Medical College Teaching Hospital, Nepal  
Senior Vice President, Perinatal Society of Nepal (PESON)*

**8. Current Status of Nutritional Management for Preterm Infants in Taiwan**

A/Professor Chiang Ming-Chou

*Associate Professor, Chang Gung University, Taoyuan, Taiwan*

*Director, Division of Neonatology, Chang Gung Memorial Hospital, Linkou, Taiwan*

**9. Nutritional guidelines for preterm infants in Indonesia**

Dr Rinawati Rohsiswatmo

*Department of Child Health, Faculty of Medicine Universitas Indonesia, Cipto Mangunkusumo  
Hospital, Jakarta, Indonesia*

- 1.00pm      **4. Collaborative studies in Asia Pacific for IPRAMHO Group –  
IPRAMHO Asia Pacific Collaborative Study on Caregiver's Feeding Practices in Infants and  
Young Children: the Asia Pacific Integrated Variety, Autonomy, Setting and Timing (API-  
VAST) study 2024**
- 1.30pm      **End of Day 2 Programme**